1. **YOUTH AND SOCIETY**

**YOUTH ISSUES**

Our world is changing at a rapid pace. Our society today is completely different from how it was a decade ago. The problems that our grandparents experienced when they were younger were not the same that our parents experienced in their youth. And the same is the case with us. Some of these issues have been around since forever. The biggest problems facing young people today are materialism, destructive behaviour, failure to succeed in education, substance abuse and racism.

To build a versatile path to problem-solving teenagers should follow some steps:

1. Identify the problem
2. Think about why it is a problem
3. Brainstorm possible solutions to the problem
4. Evaluate the solution to the problem
5. Put the solution into action
6. And Evaluate the outcome of your path

I can add that family also plays a big role in solving the youth problems, because family is a secure emotional centre where child feels loved and accepted, no matter what’s going on in the rest of child’s life. Family can build and support child’s confidence.

**TECH ADDICTION**

One another problem that almost every teenager face is tech addiction. We can define tech addiction as a disorder in which a person is exposed to the harmful effect of technology. The most famous forms of tech addiction are nomophobia, screen addiction and footage addiction.

A social media addiction is sometimes used to refer to someone spending too much time on social networks such as Facebook, Instagram, Twitter and others so much that it interferes with other aspects of daily life. The Internet now plays a huge part in modern life, but its benefits are accompanied by a darker side.

A plethora of negative effects have been revealed. The psychological development of adolescents is slowing down and depression, anxiety, and loneliness, which are attributed to tech engagement, are on the rise.

If you tech addicted and you want to break free of tech addiction you should follow some simple steps:

1. Download an app that measures your tech use.
2. Institute tech breaks
3. Establish tech-free zones and times.
4. And take a broader view.

**GENERATION GAP**

For some people, the generation gap is a big social issue. Generation gap is a difference in values and attitudes between one generation and another, especially between young people and their parents.

People born in different time periods under different conditions have their own views based on the circumstances they have been through. Sometimes parents want children to act in accordance with their values, children on the other hand have broader outlook and refuse to accept the traditional ways. Generation gap occurs because society is constantly changing. It is the responsibility of both generations to fill this gap with love, affection and trust. Spending more time with each other like family outings, vacations, picnics, shopping, watching movies together could be some effective ways to build up a strong bond between each other.